

# 20 Jo Suburi - Saito Sensei's Iwama Weapons

1. Choku-tsuki
2. Kaeshi-tsuki
3. Ushiro-tsuki
4. Tsuki-gedan-gaeshi
5. Tsuki-jodan-gaeshi-uchi
6. Shomen-uchi-komi
7. Renzoku-uchi-komi
8. Menuchi-gedan-gaeshi
9. Menuchi-ushiro-tsuki
10. Gyaku-yokomen-ushiro-tsuki  
(uchi)
11. Katate-gedan-gaeshi
12. Katate-toma-uchi
13. Katate-hachi-noji-gaeshi
14. Hasso-gaeshi-uchi
15. Hasso-gaeshi-tsuki
16. Hasso-gaeshi-ushiro-tsuki
17. Hasso-gaeshi-ushiro-uchi
18. Hasso-gaeshi-ushiro-barai
19. Hidari-nagare-gaeshi-uchi
20. Migi-nagare-gaeshi-tsuki